

Prayers to teach your Children

Grace Before Meals

Bless us, O lord,
and these thy gifts,
which we are about to receive
from thy bounty,
through Christ our Lord.
Amen.

Grace After Meals

We give thee thanks,
for all thy benefits,
almighty God,
who lives and reigns forever.
Amen.



Prayer of St. Francis

Lord, make me an instrument of your peace:
where there is hatred , let me sow your love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.

O divine Master, grant that I may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.

For it is in giving that we receive,
it is in pardoning that we are pardoned,
it is in dying that we are born to eternal life.

Amen.