



St James
Catholic Church

*“For this light momentary affliction
is preparing for us an eternal weight
of glory beyond all comparison,
as we look
not to the things that are seen
but to the things that are unseen.”*

(2 Corinthians 4:17-18).

Pastor's Corner

How to make a Spiritual Communion when no public Mass is available

For various reasons we may be prevented from receiving the Eucharist at Mass. At these times the Church calls us to make an act of "spiritual communion," where we unite ourselves to God through prayer. It is a beautiful way to express to God our desire to be united with him when we are unable to complete that union in the reception of Holy Communion.

As Public Masses are banned throughout the country, literally thousands of Masses are celebrated each day and, in addition to watching them on television or computer screens, the faithful can receive "spiritual Communion."

Pope Francis, after reciting a live-streamed Angelus prayer March 15, told people, "United to Christ we are never alone, but instead form one body, of which He is the head. It is a union that is nourished with prayer and also with spiritual communion in the Eucharist, a practice that is recommended when it isn't possible to receive the sacrament."

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Catholics are encouraged to continue to pray at home with their families and join to the sacrifice of the Mass by making an act of spiritual communion. We are also encouraged to participate in the Holy Mass via the Internet or television. The Archdiocese will provide a livestream of non-public Masses celebrated by the priests from the Cathedral of Our Lady of Angels daily.

St. Jean-Marie Vianney said, "If we are deprived of Sacramental Communion, let us replace it, as far as we can, by spiritual communion, which we can make every moment; for we ought to have always a burning desire to receive the good God".

St. Thomas Aquinas described Spiritual Communion as "an ardent desire to receive Jesus in the Holy Sacrament and a loving embrace as though we had already received Him."

St. Teresa of Jesus wrote, "When you do not receive communion and you do not attend Mass, you can make a spiritual communion, which is a most beneficial practice, by it the love of God will be greatly impressed on you."

May God Bless you always,
Msgr. Mike

OUR FAITH. OUR FUTURE.

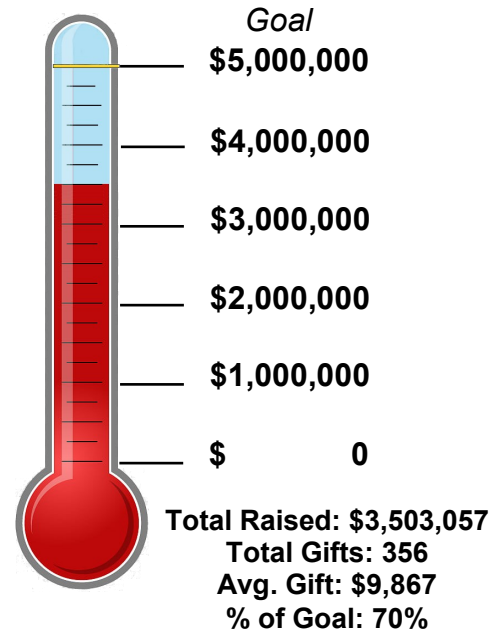
St. James \$5 Million, 5-Year Campaign

Be part of the legacy to create

THIS IS HOW FAR WE'VE COME!

To date we have raised **\$3,503,057** toward our \$5 million goal. We extend our deepest gratitude to our current campaign donors who have helped to raise **70%** of our campaign goal.

Money Raised in 5 –Year Pledges as of 03/18/2020



Learn more > SaintJames.church/Campaign

Electronic Giving



Thank you for your continued generous support of St. James

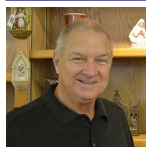
faith community. We appreciate the sacrifice and trust in Him during these difficult times.

Please consider registering at Faith Direct to ensure the financial support of the parish during this crisis.

www.Faith.Direct/Ca560

Or use St. James' **Text-To-Give** phone number **424.317.8878** and text any dollar amount.

eGiving will also save you time while helping us meet our expenses. Thank you!



Gift Shop Temporarily Closed

Rich Modic 310.374.1964
Rich@SaintJames.Church



Archdiocese of Los Angeles

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Los Angeles
California
90010-2241

ARCHDIOCESE ANNOUNCES SUSPENSION OF MASSES AMID COVID-19 PANDEMIC March 16, 2020

The Archdiocese of Los Angeles announced this afternoon the suspension of Masses amid the current health threat due to COVID-19 (novel coronavirus).

“I deeply regret that we are forced to temporarily suspend public celebration of the Mass in the Archdiocese of Los Angeles,” said Archbishop José H. Gomez in a statement to the faithful of the Archdiocese. “What we do in the Church, we do out of love for God and love for our brothers and sisters. We are taking this extraordinary step today out of love and concern for those in our families and communities who are most vulnerable to this deadly coronavirus.”

Archbishop Gomez stressed that the decision was “not made lightly,” and that it was made after “much prayer and reflection” and in consultation with the Archdiocese’s auxiliary bishops, Council of Priests, lay advisors, and government and public health officials.

“I ask your continued prayers for all those who are afflicted with this virus and those who are afraid and vulnerable. I also ask you to pray and reach out to help the many families who are facing difficulties as a result of this emergency. We also need to keep in our prayers all the doctors, nurses, caregivers, and public health and civil authorities working to contain the outbreak of this virus and treat those who are sick,” stated the Archbishop.

Catholic are encouraged to continue to pray at home with their families and join to the sacrifice of the Mass by making an act of spiritual communion. They are also encouraged to participate in the Holy Mass via the Internet. The Archdiocese will provide a livestream of non-public Masses celebrated by the priests from the Cathedral of Our Lady of Angels daily and on Sunday via Facebook, [@lacatholics](https://www.facebook.com/lacatholics/), ([facebook.com/lacatholics/](https://www.facebook.com/lacatholics/)) or visit [lacatholics.org/emergency/](https://www.lacatholics.org/emergency/). The daily Mass (M-F) in English at 12:10 p.m. and the Sunday Masses in English at 10 a.m. and in Spanish at 12:30 p.m. will be livestreamed.

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Archdiocese of Los Angeles

8424
Wilshire
Boulevard

Los Angeles
California
90010-2241

The Liturgical Guidelines and How They Affect St. James

The current public health emergency has brought about fears and anxiety in the hearts and minds of many people. However, it has also unified us as a people seeking the good for the other. In these trying times, faith is to be lived with reason, prudence, and wise judgment.

Therefore, in order to help priests perform their ministry with faith, prudence, and wise judgment, the Archbishop in consultation with the Auxiliary Bishops and the Council of Priests have established the following liturgical accommodations. These accommodations are to be followed until further notice.

MASS

While the public celebration of Mass has been suspended in the Archdiocese of Los Angeles, parishes may remain open for individual, private prayer observing our normal open/closure hours. **St. James church doors will remain open daily from 7 am to 7 pm.**

- We are reminded to keep the Lord's Day holy. Some ways to do this include: reading the Gospels, praying with your families, and to joining yourself to the sacrifice of the Mass by making an act of spiritual communion.
- The Mass may be viewed via livestream. The weekday and Sunday Mass will be livestreamed from the Cathedral of Our Lady of the Angels via the LA Catholics Facebook page (facebook.com/lacatholics). For more information on additional Mass broadcasts on TV and radio, visit lacatholics.org/emergency.

RECONCILIATION / CONFESSION

- We will continue offering the Sacrament of Reconciliation according to our regularly established reconciliation times from 4 to 5 pm on Saturdays. Confessions will be relocated near the sanctuary where there is more opportunity for 'social distancing'. However, all Lenten Communal Penance Services have been cancelled.



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5424
Wilshire
Boulevard

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ANOINTING OF THE SICK

- Priests will attend to the needs of those who ask for the Anointing of the Sick.
- For the safety of the homebound, sick calls and distribution of Holy Communion for the homebound are reserved to priests only for those in serious need.

BAPTISMS

- Unless an emergency, the celebration of the Sacrament of Baptism is to be postponed.

WEDDINGS

- Weddings are limited to celebration of the Marriage Rite itself and must be limited to a total of 10 people, including ministers.

FUNERALS

- Funerals may take place only in the form of “The Rite of Committal with Final Commendation” (also known as the “Graveside Service”). A memorial Mass can be scheduled appropriately at a later date.

CONFIRMATIONS

- All Confirmations from now until Easter Sunday are postponed. Confirmation at St. James is scheduled for Saturday, May 16th, and so is not currently postponed.

HOLY WEEK

- An announcement regarding the parish celebrations for Holy Week will be issued on or before Friday, March 27, 2020.

HEALTH OFFICIALS: “Wash your hands.”
THE PEOPLE: “We’ll buy more toilet paper!”

By Dave Barry
March 16, 2020 06:00 AM

There was a time when going to Target did not feel like a daring and dangerous mission. That time, of course, was long ago, by which I mean last week. The good old days!

It’s different now. Now we are hunkering in our homes and keeping our social distance. We are also trying not to panic, which is difficult because every 14 seconds some health authority reminds us that this thing is going to get worse before it gets better and we don’t really know WHEN it will get better so for now you need to use common sense and remain calm and not panic and just REMAIN CALM BECAUSE THERE IS NO REASON TO PANIC even though we have ABSOLUTELY NO IDEA WHAT IS GOING TO HAPPEN and ...

... and so on. So we were hunkered in our home, trying to figure out what to do besides wash our hands and not panic, and my daughter — whose return to college, like everything else, has been postponed — suggested that maybe we could do a jigsaw puzzle.

We didn’t have any jigsaw puzzles at home, so I, not really thinking it through, said, OK, I’ll go to Target and get one.

My wife looked at me as though I had volunteered to fight a bear.

“Really?” she said.

“I’ll be careful,” I said.

And so, armed with a small bottle of hand sanitizer (current retail value \$17,000) I got in my car and set out for the Target store. Perhaps you are familiar with the TV series “The Walking Dead,” in which survivors of a worldwide plague of flesh-eating zombies must forage for supplies in a bleak post-apocalyptic landscape, constantly risking infection and death. This is how I felt, driving to Target. I tried to distract myself by listening to the radio, but this is what the radio sounds like now: “Coronavirus! Coronavirus! Coronavirus! After these messages, we’ll have more coronavirus!”

When I got to the Target store I kept at least six feet away from the other shoppers, which was easy because they were staying at least six feet away from me. Everyone was like: “I’M not a zombie. YOU’RE a zombie.”

The good news was Target had plenty of jigsaw puzzles. The panic-buying of jigsaw puzzles has not yet begun, unlike the situation with toilet paper, which is gone everywhere, thanks to the comprehension skills of the American public.

HEALTH AUTHORITIES: Wash your hands frequently, don’t touch your face and avoid unnecessary contact with others.

THE PUBLIC: So we need to buy toilet paper!

HEALTH AUTHORITIES: No, that’s not what we’re saying. We’re saying wash your hands, don’t touch your face and avoid unnecessary contact.

THE PUBLIC: Right! We’ll buy more toilet paper!

Anyway, I selected two jigsaw puzzles and paid for them without touching anybody. Then I sanitized my hands and drove home while trying not to touch my face, which let’s face it is not humanly possible.

So now in my house we’re passing the time between hand-washings by working on one of the puzzles. It’s a big one, 1,000 pieces, and we’ve only just started, so it’s still a confusing mess. We don’t exactly know what to do, and we don’t know how long it will take. But we’re going to stay with it, working together, not panicking, and in time we will solve it.

And yes, this is a metaphor.

www.miamiherald.com/news/health-care/article241213911.html



A MEDITATION BEFORE JESUS IN THE BLESSED SACRAMENT



Come Visit Me In The Blessed Sacrament:
Won't You, Please?

O SACRAMENT MOST HOLY, O SACRAMENT DIVINE,
ALL PRAISE AND ALL THANKSGIVING BE EVERY
MOMENT THINE

MY CHILD, you need not know much in order to please Me: only love Me dearly. Speak to Me as you would talk to your mother, if she had taken you in her arms. Have you no one to recommend to Me? Tell Me the names of your relations, of your friends: after each name add what you wish Me to do for them. Ask a great deal: I love generous hearts that forget themselves for others.

TELL Me about the poor whom you want to help, the sick whom you have seen suffer, the sinner whom you would convert, the persons who are alienated from you, and whose affections you wish to win back. For all recite a fervent prayer. Remind Me that I have promised to grant every prayer that comes from the heart; and surely the prayers are heartfelt which we say for those whom we love, and who love us.

HAVE you no favors to ask for yourself? Write, if you like, a long list of all your wishes - all the needs of your soul - and come and read it to Me. Tell Me simply how self-indulgent you are, how proud, how touchy. how selfish, how cowardly, how idle; ask Me to help you to improve. Poor child! Do not blush! There are in heaven many saints who had the same faults as you; they prayed to Me, and, little by little, they were cured.

DO not hesitate to ask for the goods of body and mind - for health, for memory, for success. I can give everything, and I always give when the gifts would make souls more holy. What do you want today, My child? Oh, if you knew how I long to do you good!

HAVE you no plans to interest you? Tell me about them. Do they concern your vocation? What do you think of? What would you like? Are you planning some pleasure for your mother for your family, for your guardian? What do you wish to do for them?

AND have you no thoughts of zeal for Me? Are you not anxious to do a little good for the souls of your friends, for those whom you love, and who, perhaps, forget Me? Tell Me who interests you, what motives urge you, what means you wish to take.

CONFIDE to Me your failures. I will show you the cause. Whom do you wish to see interested in your work? I am the master of all hearts, My child, and I lead them gently where I please. I will place about you those who are necessary to you; never fear! HAVE you nothing to annoy you, My child, tell Me your annoyances with every detail. Who has pained you? Who has wounded your self-love? Who has treated you contemptuously? Tell Me all, and then say that you forgive and Forget; and I will give you My blessing.

DO you dread something painful? Is there in your soul a vague fear which seems unreasonable, and yet torments you? Trust fully in My providence. I am here, I see everything; I will not leave you.

ARE there about you friends who seem less kind than formerly, who neglect you through indifference or forgetfulness without your having consciously done anything to wound them? Pray for them, and I will restore them to you, if their companionship is good for you.

HAVE you no joys to tell Me? Why not confide to Me your pleasures? Tell Me what has happened since yesterday to console you, to make you look happy, to give you joy. An unexpected visit has done you good: a fear has been suddenly dispelled: you have met with unlooked-for success; you have received some mark of affection - a letter, a present; some trial has left you stronger than you supposed. All these things, My child, I obtained for you. Why are you not grateful? Why do you not say 'I thank you'? Gratitude draws benefits, and the benefactor loves to be reminded of his bounty.

HAVE you no promises to make Me? You know I read the very bottom of your heart. Men are deceived, but not God: be frank.

ARE you resolved to avoid that occasion of sin, to give up the object which leads you astray - not to read the book which excites your imagination, to withdraw your friendship from that person who is irreligious, and whose presence disturbs the peace of your soul? Will you go at once and be kind to that companion who annoyed you?

WELL, My child, go now and resume your daily work. Be silent, be honest, be patient, be charitable: and tomorrow bring Me a heart even more devoted and loving. Tomorrow I shall have new gifts for you.

<http://www.angelfire.com/hi3/catholichomeschool/lessedS.html#anchor%20meditation>

Resources

Here's a list of resources to help you remain united in prayer as a community of St. James:

LA Archdiocese

<https://lacatholics.org/>

Masses:

<https://relevantradio.com/>

Saint Monica parish:

<https://stmonica.net/media-resources/watch-live>

EWTN

<https://www.ewtn.com/tv/watch-live/united-states>

Latin Extraordinary Form Mass

<http://livemass.net/>

Chaplet of Divine Mercy

<https://praydivinemeracy.com/divinemeracy.html4>

Private Prayer in Church

Our church remains open for private prayer from 7am—7pm Spend quiet time here.

IBreviary:

Contains morning, daytime, evening and night prayers. All Catholic priests pray these daily. Lay people may also pray these:

<http://www.ibreviary.org/en/tools/ibreviary-web.html>

Daily Meditation:

Send a reflection to your email daily or visit the site.

<https://flameoflove.us.customers.tigertech.net/category/meditations/>

Praying the Rosary with video/music

<http://www.catholictv.org/shows/the-rosary>

Audio only:

<https://relevantradio.com/pray-the-rosary/>

Angelus prayer

<http://theangelusprayer.com/angelus-prayer/>

Medjugorje messages

<https://www.medjugorje.ws/en/messages/>

Blessed Sacrament Prayers:

<http://www.angelfire.com/hi3/catholichomeschool/blessedS.html>

K-Love 100.3 FM

Hear positive, encouraging contemporary Christian music from artist like Chris Tomlin, Casting Crowns and others.



Confessions at Local Churches

Please call to verify.

St. James

Sat. 4 - 5pm

www.SaintJames.Church

310.372.5228

St. Lawrence Martyr Church

Sat. 3:45-4:45pm

www.stlm.org

310.540.0329

Our Lady of Guadalupe

Sat. 9 – 10am

www.ourladyofguadalupechurch.org

310.372.7077

St. John Fisher

Mon., Wed., Thurs., Fri. 4:45 – 5:10 pm

Tues: 7 pm

Sat. 4 – 4:45pm

www.sjf.org

310.377.5571

Nativity

Sat. 3:30 - 4:30pm

www.nativitytorrance.org

424.262.1447

American Martyrs

Tues. 7-7:15 am

Wed. 5:30-6pm

Thurs. 7-7:15am

Sat. 8:30-9am, 4-4:30pm

www.americanmartyrs.org

310.545.5651

St. Anthony in El Segundo

Sat. 8:30am, 3:30 pm

www.stanthonyes.com

310.322.4392

**All Community Penance Services
have been cancelled.**

Sunday Night Youth -YouTube Channel

The St. James 5:30 choir Sunday Night Youth now has a YouTube channel where you can spend some time during the week in song and prayer.

You can find a link on the parish website, or you can visit YouTube.com and go to the **Sunday Night Youth** channel to see all of the songs that have been posted.

Prayer Requests

For those suffering illness, infirmity
and those in need of our prayers:

**Ron LaGro, Kathy Benson, Tony Alvarez,
Walter & Marie Adams-Aregger, Ken Roberts,
Mary Hernandez, Andrew Wagner, Dianna Price**

From death to new life.
For the souls of the recently departed,
that through the mercy of God,
They may rest in peace:

Maria Chavez

Responsorial Psalms and Readings

Monday

I will praise you, Lord, for you have rescued me.
Is 65:17-21 / Jn 4:43-54

Tuesday

**The Lord of hosts is with us;
our stronghold is the God of Jacob.**
Ez 47:1-9, 12 / Jn 5:1-16

Wednesday

Here I am, Lord; I come to do your will.
Is 7:10-14; 8:10 / Heb 10:4-10/Lk 1:26-38

Thursday

Remember us, O Lord, as you favor your people.
Ex 32:7-14 / Jn 5:31-47

Friday

The Lord is close to the brokenhearted.
Wis 2:1a, 12-22 / Jn 7:1-2, 10, 25-30

Saturday

O Lord, my God, in you I take refuge.
Jer 11:18-20 / Jn 7:40-53

Sunday

**With the Lord there is mercy and
fullness of redemption.**
Ez 37:12-14 / Rom 8:8-11 / Jn 11:1-45 or 11:3-7, 17, 20-
27, 33b-45



Adoration

**Here I am to worship,
Here I am to bow down,
Here I am to say
that you're my God..**

*"Come to Me all of you who are
weary and find life
burdensome and I will
refresh you..."*

Adoration will resume once the
church is able to be open for
public worship.

Weekly Mass Intentions

All weekday and Sunday Masses are suspended.

Our parish priests will continue to celebrate Mass in
private for the health and intentions of St. James
parishioners, and an end to this pandemic.

Please also remember them in your daily prayers.

Confessions are available at 4-5pm on Saturday in the church.

Please remember to observe social distancing while
waiting in line. Also, look for the priest hearing
confession to be in a different location. They will not be
inside the confessional booth in order to help reduce the
likelihood of spreading the virus and to minimize the
exposure of the penitent and priest.

Keep in Contact

Our parish office hours have changed. We are no longer
open on Saturday mornings. Our office hours are:

Monday—Friday 8 am—4 pm Closed 12-1 for lunch
Our parish phone number is **310.372.5228**

Our phone message will be updated as conditions
change to provide the most up-to-date information.
Be sure to check **www.SaintJames.Church** for current
information regarding events and meetings. All meetings
at the parish facilities are being postponed through the
end of March. This may be extended.

After hours life and death emergency – If the office is
closed, call the office and listen for the after hour
emergency number to contact the parish priest on call.

Our Parish website will continue to be updated with the latest information.

We will continue to post information from Archbishop
Gomez, Msgr. Mike, and other relevant information from
trustworthy sources.

You will find links to watch daily and Sunday Masses at
local churches, the Cathedral of Our Lady of the Angels,
and EWTN.

<https://saintjames.church>

Human Trafficking Awareness

More signs of a child trafficking victim:
Uncharacteristic promiscuity and/or references to sexual
situations or terminology beyond age-specific
norms.



F.A.I.T.H. MINISTRY of St. James
& St. Lawrence Martyr

Rick Page CandRPage@verizon.net

We're here to help you become
the holy, healthy, vibrant person that
God has created you to be.



St. James Catholic Church
415 Vincent Street Redondo Beach, CA 90277
www.SaintJames.Church

Our Clergy, Here to Serve You



Msgr. Mike Meyers
Pastor
FrMike@SaintJames.Church



Fr. Emmanuel Konyeaso
Associate Pastor
FrEmmanuel@SaintJames.Church



Fr. James Kavanagh
Pastor Emeritus
FrJim@SaintJames.Church



Fr. Ikechukwu Ikeocha - 'Fr. I.K.'
In Residence
FrIK@SaintJames.Church

**Eucharistic Ministers
for Homebound**
John Cable
310.372.5228

**Eucharistic Ministers
for Care Centers**
Miki Finken
310.316.3890



Deacon Bob & Patty Miller
Deacon Couple
DnBob99@Gmail.com



Deacon Mark & Louise Ramirez
Deacon Couple
DcnMark@SaintJames.Church

Helping Children Grow in Faith

*'Train the young in the way
they should go;
even when old,
they will not swerve
from it' Proverbs 22:6*



Noreen Maricich
Principal
Saint James School
Office@SJSCatholicSchool.org
310.371.0416

St. James Elementary School
TK-8th Grade
4625 Garnet Street
Torrance, CA 90503
310.371.0416
Office Hours 7:30 am - 3:30 pm



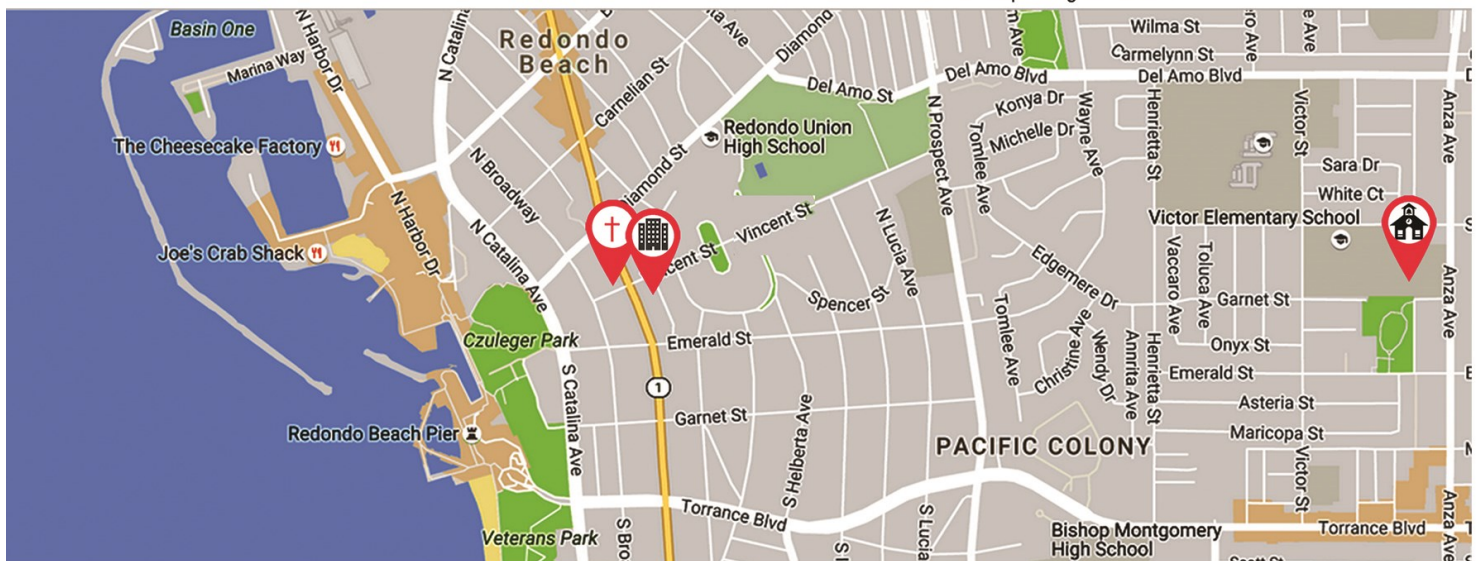
Diana Holly
Director of Religious Education
Diana@SaintJames.Church
310.379.3221

Religious Education Office hours
Monday – Thursday
10 am – 3 pm
and during class times:
Tuesday 4 pm – 8:15
Wednesday 4 pm – 5:30




Wendy Bell
**Director of Preschool
& Toddler Time**
Wendy@SaintJames.Church
310.376.5550

Preschool & Toddler Time
Philosophy
We believe in creating a warm and
loving environment
where children can
learn about themselves,
gain an understanding of others
and develop strong self-esteem.



 **Church & Kavanagh Hall**
415 Vincent Street
Redondo Beach, CA 90277

 **Parish Office & Parish Center**
124 N. Pacific Coast Highway
310.372.5228

 **School & O'Gorman Center**
4625 Garnet Street Torrance, CA 90503
310.371.0416