



" Deep peace of the running waters
to you,
Deep peace of the flowing air
to you,
Deep peace of the smiling stars
to you,
Deep peace of the quiet earth
to you,
Deep peace of the watching shepherds
to you,
Deep Peace of the
Son of Peace, to you."



Pastor's Corner

"Be Not Afraid"

At the Easter Vigil Mass I was struck by the words in Matthew's Gospel at the resurrection, the angel said to Mary Magdalen, "Do not be afraid" and moments later, Jesus appeared to her and also said, "Do not be afraid". It is amazing what happens to us when we become afraid, and I think we can apply a lot of it to what is happening to us now. Even when we try to keep balanced, the news media is relentless.

Fear draws our attention and distracts us from other things. It can make us withdraw on one side or make us aggressive on the other. In either case, it makes us less of who we are called to be and diminishes our gifts.

The pandemic is real and we have to be safe, but if fear takes over we begin to hide, afraid to move or talk or do the things we need to do, trapping us into isolation. It can also make us angry, judgmental and impatient—with anyone and everyone. I have seen both very alive in many people, even myself. In either case, the pandemic controls our thoughts, emotions, conversations and actions

Easter and this Easter season reminds us of who we are, of God's love for us and of the gifts we have. It reminds us to stay focused and grounded in this truth and of finding a peace and joy within Christ and his Divine Mercy that the world cannot take away.

For myself, I peacefully keep a respectful distance and wear a mask when I need to buy food. I have also stopped watching the daily pandemic briefings from Washington, Sacramento, Los Angeles and the 11 o'clock news. Without all of that distraction, Easter and Christ's healing presence enables me to stop blaming and judging others for what they have done or not done responding to the pandemic and begin loving and caring for others in a way that restores Christ's peace, joy and hope to my heart and soul. I pray that you, too, hear Christ's gentle voice of Divine Mercy speaking those words to you, "Be not afraid."

Msgr. Mike

Feed the Needy Needs YOUR help!

We are still serving lunches on Monday, Wednesday and Friday. Please help us to continue to serve those who are in need in our community.

We need food items that can go into a sack lunch:

Sandwich meats & cheeses

Hamburger buns

Chips

Cookies

Oranges

Small size drinks

Small snacks

Bless you for your generosity!

Church Support Drops by 50%

At our recent Priest Council Meeting with Archbishop Gomez, he asked us how the pandemic is affecting the parishes.

All 20 pastors at the meeting, including me, reported that their Sunday Offertory collection was at 50% to 60% of normal, and all of them were becoming very worried about how their parish would survive financially through the pandemic and what would happen to the parish staff if they needed to be laid off.

At St. James we are trying our utmost to reduce our expenditures, which will enable us to make it financially to the end of June, but then the parish will have depleted all its funds.

(The monies collected for Our Faith. Our Future. are held in a Restricted Account and cannot be used for parish operating expenses.)

The parish staff is continuing to call parishioners to see how you are doing and are continuing to provide spiritual enrichment through daily Masses and messages posted on our website: **SaintJames.church.**

Thank you for the many calls of appreciation that we can still be together as a parish family as best we can with this outreach.

We are grateful for your willingness to continue supporting St. James financially which will be especially critical these next few months.

If you are able, your best options are:

Mail your envelopes to the
St. James Parish Office
124 N. Pacific Coast Hwy.
Redondo Beach, CA 90277

Place in the Rectory mail slot at
415 Vincent St.

Set-Up **Automatic Payments** with your bank

Enroll in Faith Direct's E-Giving
By calling toll free 1-866-507-8757 or
<https://www.faithdirect.net>
Please use the code **CA560**

Use Faith Direct's Text-to-Give number
Simply text any dollar amount to St. James'
Number: **424-317-8878**



OUR FAITH. OUR FUTURE.

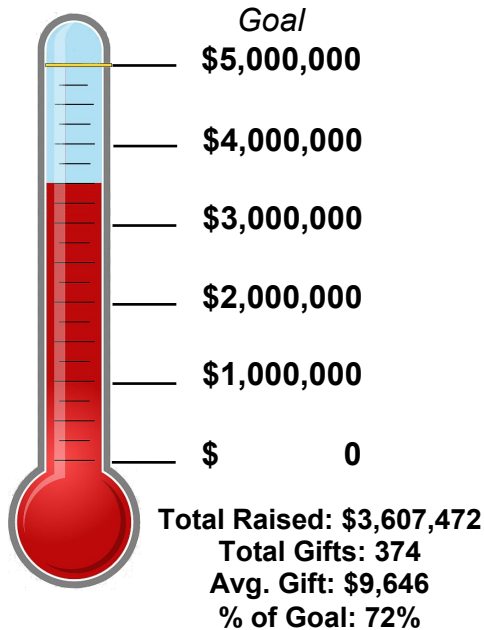
St. James \$5 Million, 5-Year Campaign

**Be part of the legacy to create
our safe and vibrant future.**

THIS IS HOW FAR WE'VE COME!

To date we have raised **\$3,607,472** toward our \$5 million goal. We extend our deepest gratitude to our current campaign donors who have helped to raise **70%** of our campaign goal.

Money Raised in 5 –Year Pledges as of 04/6/2020



[Learn more> SaintJames.church/Campaign](http://SaintJames.church/Campaign)

Saint James Niland Scholarships

A reminder that the Niland Scholarship applications are due back to the Parish Office before **Monday, April 20th**.

If you are bringing your completed package back to the office in person, please call the office ahead of time to be received. If you are mailing, please address to

St. James Parish Office
124 N. Pacific Coast Highway,
Redondo Beach, CA 90277
Attn: Niland Scholarship Committee



Gift Shop - Temporarily Closed

Rich Modic 310.374.1964
Rich@SaintJames.Church

How to make a Spiritual Communion when no public Mass is available

For various reasons we may be prevented from receiving the Eucharist at Mass. At these times the Church calls us to make an act of "spiritual communion," where we unite ourselves to God through prayer. It is a beautiful way to express to God our desire to be united with him when we are unable to complete that union in the reception of Holy Communion.

As Public Masses are banned throughout the country, literally thousands of Masses are celebrated each day and, in addition to watching them on television or computer screens, the faithful can receive "spiritual Communion."

Pope Francis, after reciting a live-streamed Angelus prayer March 15, told people, "United to Christ we are never alone, but instead form one body, of which He is the head. It is a union that is nourished with prayer and also with spiritual communion in the Eucharist, a practice that is recommended when it isn't possible to receive the sacrament."

*My Jesus, I believe that You
are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive You into my soul.
Since I cannot at this moment
receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You.
Amen.*

Catholics are encouraged to continue to pray at home with their families and join to the sacrifice of the Mass by making an act of spiritual communion. We are also encouraged to participate in the Holy Mass via the Internet or television. The Archdiocese will provide a livestream of non-public Masses celebrated by the priests from the Cathedral of Our Lady of Angels daily.

St. Jean-Marie Vianney said, "If we are deprived of Sacramental Communion, let us replace it, as far as we can, by spiritual communion, which we can make every moment; for we ought to have always a burning desire to receive the good God".

St. Thomas Aquinas described Spiritual Communion as "an ardent desire to receive Jesus in the Holy Sacrament and a loving embrace as though we had already received Him."

St. Teresa of Jesus wrote, "When you do not receive communion and you do not attend Mass, you can make a spiritual communion, which is a most beneficial practice, by it the love of God will be greatly impressed on you."

The Newest Liturgical Guidelines and How They Affect St. James

The Archbishop in consultation with the Auxiliary Bishops and the Council of Priests have established liturgical accommodations in response to keeping everyone safe. These guidelines will remain in effect during the pandemic crisis.

CHURCHES

Parish churches are closed to the public until May 15th, 2020 or until further notice.

Church offices closed to the public. Parish staff members will answer telephones and answer emails.

MASS

The priests at St. James will celebrate daily Mass for the intentions of the parish each day. These Masses can be viewed on the parish website: www.SaintJames.church

The Mass from the Cathedral of Our Lady of the Angels may also be viewed via livestream. The weekday and Sunday Mass will be livestreamed via the LA Catholics Facebook page ([facebook.com/lacatholics](https://www.facebook.com/lacatholics)). For more information on additional Mass broadcasts on TV and radio, visit: lacatholics.org/emergency. We are reminded to keep the Lord's Day holy.

Some ways to do this include: reading the Gospels, praying with your families, and to joining yourself to the sacrifice of the Mass by making an act of spiritual communion.

RECONCILIATION/CONFESSION

All regularly scheduled confession times are cancelled.

Pope Francis reminded us in his homily on March 20, 2020, the faithful who are physically unable to attend individual Reconciliation of the Church's teaching on Perfect Contrition. Such contrition arises when the penitent expresses a love of God above all else, the sincere desire for forgiveness, and firm resolution to receive the Sacrament of Reconciliation as soon as possible when available. Perfect contrition obtains the forgiveness of sins, both venial and mortal. (cf. *Catechism of the Catholic Church* (CCC) 1452) Priests may offer the Sacrament of Reconciliation only in danger of death or extremely extraordinary situations.

ANOINTING OF THE SICK

Priests will continue to attend to the needs of those who ask for the Anointing of the Sick.

For the safety of the homebound, sick calls and distribution of Holy Communion are reserved to priests and only in serious need.

BAPTISM

Unless an emergency, the celebration of the Sacrament of Baptism is to be postponed.

WEDDINGS

All Weddings until **May 15th, 2020** or until further notice, are to be postponed.

FUNERALS

Funerals may take place only in the form of "The Rite of Committal with Final Commendation" (also known as the "Graveside Service").

A memorial Mass can be scheduled appropriately at a later date.

CONFIRMATIONS AND FIRST COMMUNIONS

Confirmation at St. James is **postponed**.

First Communion at St. James are **postponed**.

Prayer Requests

For those suffering illness, infirmity and those in need of our prayers:

Mike Dills, Cathy Tobin

From death to new life.
For the souls of the recently departed,
that through the mercy of God,
They may rest in peace:

Ron LaGro, Jorel Alfonso

A Prayer for Healing & Protection

Most merciful and loving God,
We come to you in our weakness.
We come to you in our fear.
We come to you with trust.
For you alone are our hope.

We place before you the pandemic present in our world.
We turn to you in our time of need.

Bring wisdom to doctors.
Give understanding to scientists.
Endow caregivers with compassion and generosity.
Bring healing to those who are ill.
Protect those who are most at risk.
Give comfort to those who have lost a loved one.
Welcome those who have died into your eternal home.

Stabilize our communities.
Unite us in our compassion.
Remove all fear from our hearts.
Fill us with confidence in your care.

Jesus, I trust in you.
Jesus, I trust in you.
Jesus, I trust in you. Amen.

-Author Unknown

Readings for the week of April 19, 2020

Monday

Blessed are all who take refuge in the Lord.

Acts 4:23-31 / Jn 3:1-8

Tuesday

The Lord is king; he is robed in majesty.

Acts 4:32-37 / Jn 3:7b-15

Wednesday

The Lord hears the cry of the poor.

Acts 5:17-26 / Jn 3:16-21

Thursday

The Lord hears the cry of the poor.

Acts 5:27-33 / Jn 3:31-36

Friday

One thing I seek: to dwell in the house of the Lord.

Acts 5:34-42 / Jn 6:1-15

Saturday

For ever I will sing the goodness of the Lord.

1 Pt 5:5b-14 / Mk 16:15-20

Sunday

Lord, you will show us the path of life.

Acts 2:14, 22-33 / 1 Pt 1:17-21 / Lk 24:13-35

Catholic Q & A - J.P. Alegria

Q: The Choir sings a familiar song by Bob Hurd, *Transfigure Us O Lord*, voicing an appeal to, "Break the chains that bind us; speak your healing word..."

In trying times, how do healing words and one's outlook enhance the themes of perseverance, virtuous faith, patience, and God's saving grace in transfiguring a people to actualize the sacred words of the Good News, as in Philippians 4: "*In nothing be anxious*", as we await the grace of God that, "...surpasses all understanding." Or Romans 12: "*Rejoice in hope, be patient in tribulation, be constant in prayer.*"

And James 1:12: "*Blessed is the one who perseveres under trial...*"

A: In one exemplary case, on Easter Sunday, a COVID-19 patient left Little Company of Mary Medical Center after 28 days in the ICU, in coma and on a ventilator. The patient cited his commitment to his faith working in concert with medical professionals who combined science, skill, and wonderfully compassionate, palliative care.

In a similar vein, Viktor Frankl, psychiatrist, and concentration camp survivor, wrote in his classic book, *Man's Search For Meaning*, about persons facing existential challenges and crises that, "...a positive attitude enables a person to endure suffering and disappointment." It's our choice, our responsibility Frankl writes, to seek meaning in our lives even in a crisis. As our Choir sings, "*I will choose Christ.*"

Positive in our faith, we sing another Hurd composition, *Come Unto Me*:

"Trust in me and do not tremble, for I go with you to show you the way..."



St. James Catholic School

Dear Friends and Families of St. James School,

Happy Easter from the Faculty, Staff and Students of St. James School!

We have been on break since Holy Thursday and have enjoyed the time away from planning and studying. We will return to Remote Learning tomorrow morning, April 20th.

At St. James School, we are continuing to bring excellence to our children! The teachers continue to bring the beauty of our Catholic Faith, Excellent Academics, and a strong sense of community daily. God Bless SJS!

We are accepting applications for next year through our website SJScatholicSchool.org and are available by phone and email on school days from 8:00 – 12:00.

God Bless you,
Noreen Maricich

  [SJSatholicSchool SJSatholicSchool.org](https://www.SJScatholicSchool.org)



Stress can affect the children around you

Everyone has stress, whether it is a bad day at work, car trouble, or simply too many things to do. It is important to learn how to manage your stress – for your own sake and for the sake of the children around you. Too much stress can make it hard to parent effectively. After a while, your children may show signs of stress, too. To learn more about how to identify and cope with stress, visit <https://www.helpguide.org/articles/stress/stress-management.htm>.

We're here to help you become
the holy, healthy, vibrant person that
God has created you to be.



St. James Catholic Church
415 Vincent Street Redondo Beach, CA 90277
www.SaintJames.Church

Our Clergy, Here to Serve You



Msgr. Mike Meyers
Pastor
FrMike@SaintJames.Church



Fr. Emmanuel Konyeaso
Associate Pastor
FrEmmanuel@SaintJames.Church



Fr. James Kavanagh
Pastor Emeritus
FrJim@SaintJames.Church



Fr. Ikechukwu Ikeocha - 'Fr. I.K.'
In Residence
FrIK@SaintJames.Church

**Eucharistic Ministers
for Homebound**
John Cable
310.372.5228

**Eucharistic Ministers
for Care Centers**
Miki Finken
310.316.3890



Deacon Bob & Patty Miller
Deacon Couple
DnBob99@Gmail.com



Deacon Mark & Louise Ramirez
Deacon Couple
DcnMark@SaintJames.Church

Helping Children Grow in Faith

'Train the young in the way
they should go;
even when old,
they will not swerve
from it' Proverbs 22:6



Noreen Maricich
Principal
Saint James School
Office@SJSCatholicSchool.org
310.371.0416

St. James Elementary School
TK-8th Grade
4625 Garnet Street
Torrance, CA 90503
310.371.0416
Office Hours 7:30 am - 3:30 pm



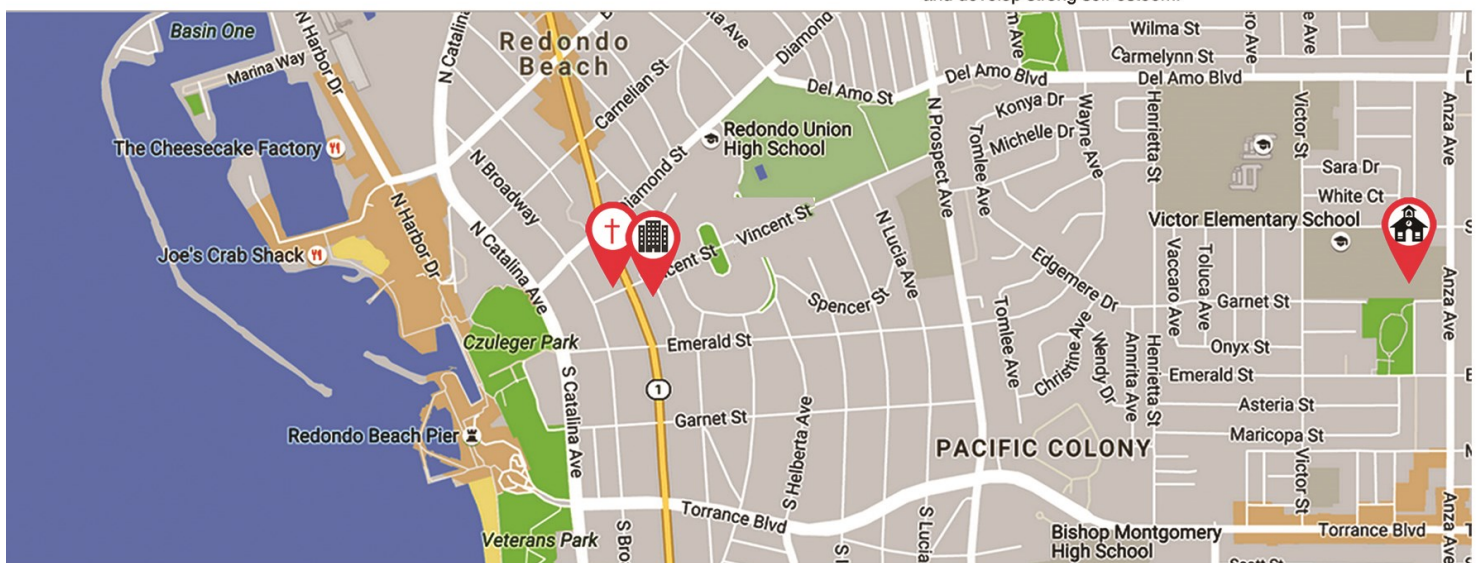
Diana Holly
Director of Religious Education
Diana@SaintJames.Church
310.379.3221

Religious Education Office hours
Monday – Thursday
10 am – 3 pm
and during class times:
Tuesday 4 pm – 8:15
Wednesday 4 pm – 5:30



Wendy Bell
**Director of Preschool
& Toddler Time**
Wendy@SaintJames.Church
310.376.5550

Preschool & Toddler Time
Philosophy
We believe in creating a warm and
loving environment
where children can
learn about themselves,
gain an understanding of others
and develop strong self-esteem.



 **Church & Kavanagh Hall**
415 Vincent Street
Redondo Beach, CA 90277

 **Parish Office & Parish Center**
124 N. Pacific Coast Highway
310.372.5228

 **School & O'Gorman Center**
4625 Garnet Street Torrance, CA 90503
310.371.0416