

Solemnity of Christ King
November 26 2023

FATH @ HOME

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First Reading: Ezekiel 34: 11-12, 1517
Responsorial Psalm: Psalm 23: 1-2,2-3,5-6
Second Reading: 1 Corinthians 15: 20-26, 28
Gospel: Mathew 25: 31-46

[Find readings here](#)

1. HEAR

Gather your family somewhere comfortable to live this experience together. Ask an adult to open the Bible and read the Gospel of the day. Before the reading, say together this prayer:
Holy Spirit: fill my heart with joy and peace, and give me wisdom to understand your Word. Amen.

Optional: instead of reading the Gospel from the Bible, you may utilize one of the resources we offer below.

Video with the proclamation of the Gospel for adults: [HERE](#)
(FCBH Gospel Films; YouTube; 2:34 min)

Video with the proclamation of the Gospel for children: [HERE](#)
(Holy Heroes; YouTube; 2:36 min)

Gospel Reflection page [HERE](#)
(La versión en español se encuentra en la segunda página.)

2. PRAY

Today we will pray through a daily Examen. An Examen helps us recall God's presence throughout the day and our response to His presence. It is a great way for us to "check in" with God:

1. BREATHE - center yourself, know that God is present and ask for clarity.
2. BE GRATEFUL - Ask yourself, what are you most grateful for today?
3. FEEL - look back at the day and think about what you felt at specific moments -- joy, frustration, boredom, anger, compassion, etc. and what God might be saying through those feelings.

Comparte con nosotros cómo están viviendo su fe en casa. Use #LACatholicsBelieve y etiquete @OREinADLA en sus redes sociales.

4. PRAY - ask the Holy Spirit to guide you to pray about whatever it is that God thinks is particularly important.



5. LOOK AHEAD - When I think about tomorrow, what joys or challenges come to mind? Where can I be merciful when I encounter the hungry? The thirsty? The naked? The ill? Those in prison? The stranger? Those who have died?

3. TALK

In today's gospel reading, we hear Jesus tell a story of what will happen when he returns to our world, that is also known as the Second Coming. While the story may sound a bit scary, the Evangelist Matthew is trying to help us Christians be always alert so that we can recognize the presence of Jesus in our midst everyday.

In the story, there's a group of people who show their support and care for those who are less fortunate and those who struggle in life. When Jesus appears to them, he reveals that the good works they did for those people are a direct act or mercy they did for Jesus. A second group of people had the same opportunity to help those who lived in their midst and had great need, but they chose not to help. To them, Jesus reveals that they failed to recognize his presence in the lives of those whom they did not help.

Gather with your family and have a conversation about the Gospel story, by using the sample questions we offer below.

1. Recall a moment when you helped someone you know (family member, friend, neighbor) and tell others what grace you received in return.
2. Think of a different time when you chose not to help someone who was in need, and recount what feelings you experienced after you refused to assist them.
3. Put yourself in the shoes of Jesus and explain to the rest of your family why it is important to help one another when we see their need. (If you have small children, you can ask them to make a drawing of how they can help the people near them: family, friends, neighbors, etc.).