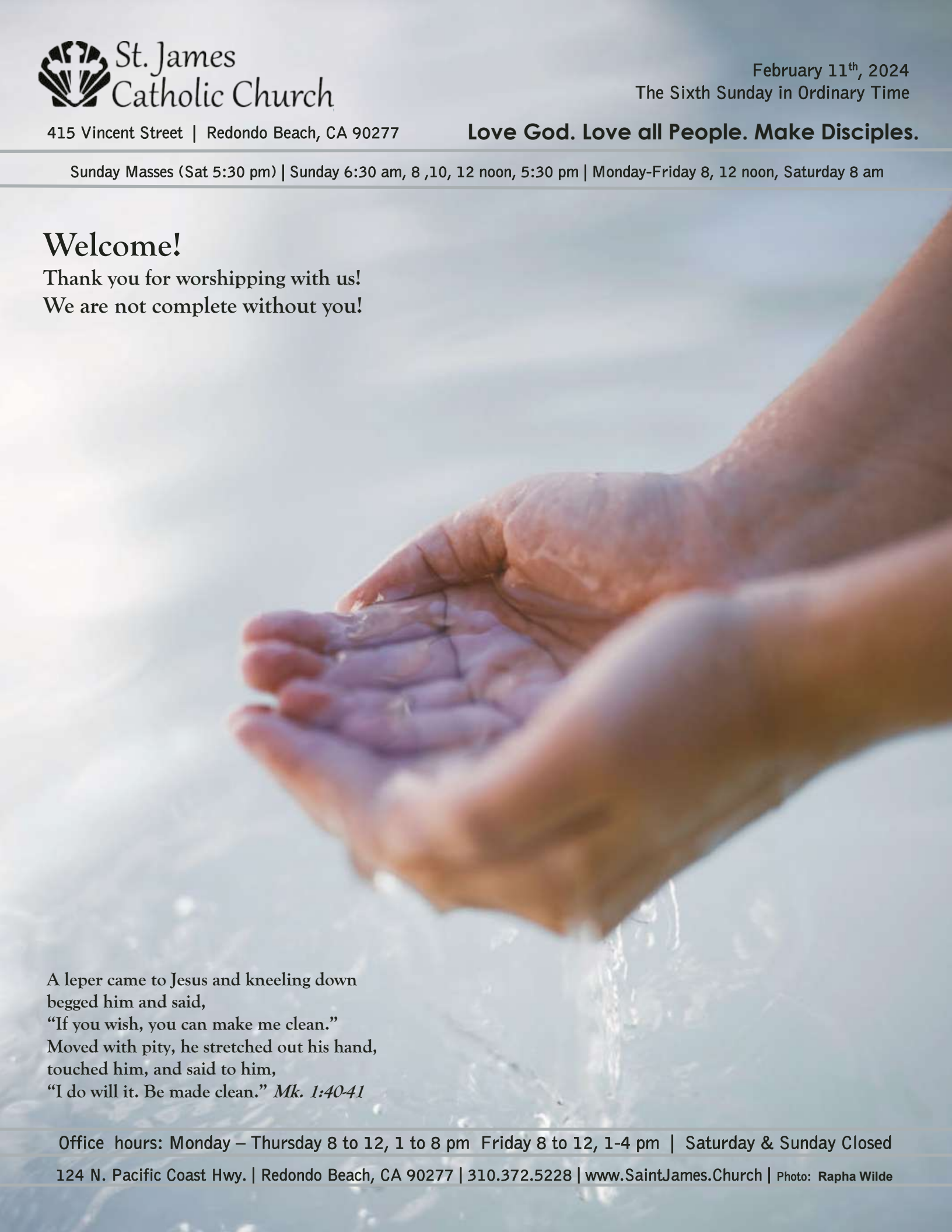


## Welcome!

Thank you for worshipping with us!

We are not complete without you!



A leper came to Jesus and kneeling down begged him and said,  
“If you wish, you can make me clean.”  
Moved with pity, he stretched out his hand, touched him, and said to him,  
“I do will it. Be made clean.” *Mk. 1:40-41*

Office hours: Monday – Thursday 8 to 12, 1 to 8 pm Friday 8 to 12, 1-4 pm | Saturday & Sunday Closed

124 N. Pacific Coast Hwy. | Redondo Beach, CA 90277 | 310.372.5228 | [www.SaintJames.Church](http://www.SaintJames.Church) | Photo: Rapha Wilde

## Pastor's Letter

### The Lent Season

**Ash Wednesday is Feb. 14<sup>th</sup>—Masses and distribution of ashes is at 8am, 12Noon, 4:15 and 7pm.** It is a day of Fast and **Abstinence** as we begin our Lenten journey. **Lent** challenges us to pay more attention to what is happening in our heart and soul. We are called to focus seriously on our spiritual self, having been reminded on Ash Wednesday that 'you are dust and unto dust you shall return' so we must 'turn away from sin and believe in the holy gospels'.

#### Guidelines for Lent: Abstinence

Catholics are called to abstain from eating meat every Friday during Lent. The obligation of **abstinence** (refraining from meat) begins at the age of 14. The obligation is 'in general', meaning that if for some good reason you are not able to abstain from meat on a particular Friday in Lent, you may choose to abstain on another day or perform some other act of penance or charity.

#### Stations of the Cross every Friday at 7:30pm

Every Friday during Lent we will gather in the Church to journey with Christ in the Way of the Cross.

#### Reconciliation (Confession)

Whether you have been away for a long time or obtain these graces regularly, this will be one of the greatest blessings you'll receive while still on this earth. We'll be offering opportunities for Reconciliation every Saturday at 4 pm and special **Reconciliation Services the week of March 18<sup>th</sup>-21<sup>st</sup>.**

#### Give it up for Lent

Giving up something we like during Lent can be a reminder of the importance of sacrifice in our lives. Every time we refrain from eating candy, going shopping, watching television, drinking alcohol, or doing something else we enjoy, we have an opportunity to express our desire to love and draw near to God.

#### Do something positive

Lenten penance need not be only a question of abstaining from food or drink. Now is the time to begin or reinforce something positive in your life, like regular prayer or study and prayer with Scripture. Whenever our actions are intended to fulfill the Great Commandment of loving God and neighbor, they help us live as Christians and fulfill our baptismal call. Create time and space in your routine to draw closer to God.

Lent is all about preparation: prayer, fasting, good works. A short daily reflection can be sent to your email box containing daily scripture and context and thoughts.

[www.FlameofLove.us](http://www.FlameofLove.us)

[www.dynamiccatholic.com/bestlentever/](http://www.dynamiccatholic.com/bestlentever/)

**While driving: Tune to AM930 KHJ Relevant Radio**

Use that rosary hanging from the rear view mirror while stuck in traffic.

May God bless you this Lent and always!

*Mmgr. Mike and Fr. Thaddeus*

## Tom and Jeanne Miller Shining Stars in Christ Honorees

Tom and Jeanne were born and grew up in Lima, Ohio. Jeanne attended public schools, but since her town was 99% Catholic, many teachers were nuns and there were crucifixes in the classrooms. Tom attended a Catholic parochial school and the Pontifical College Josephine seminary for high school. After one and half years of college, he decided that priesthood was not his calling. So he went to OSU to continue college. Tom and Jeanne met in college, started dating until they got married after graduation. Tom started as a claims adjuster and eventually moved to HR roles ending as VP with CBRE Real Estate. Meanwhile, Jeanne started teaching and continued until she became Assistant Principal and after-school Program Director. They have 3 children – Angela, Russell and Doug. After a series of job transfers, the Millers eventually made it to South Bay, California. They started attending St James Church in 2001. Tom and Jeanne both serve as Eucharistic Ministers. Tom also serves as the Chairperson of the Finance Council, ministry leader of the Habitat for Humanity, and member of the Money Counting Team. Jeanne serves as member and officer of the Catholic Daughters. They enjoyed traveling and cruises. They now have 7 grandchildren – from ages 9 to 35. Jeanne is an avid reader and Tom enjoys construction and woodworking. They both love St. James Parish Community.



### Shining Stars in Christ

April 13<sup>th</sup> at 6:30pm  
Sonesta Redondo Beach

**Honorees: Ben Aranda, Laura Aranda (Memorium)  
Kevin Babuder, Delia & Patrick Cunningham  
De Giebler, Msgr. Michael Meyers  
Jeanne & Tom Miller**

Entree Choice:

- Parmesan Crusted Chicken
- Prime Rib
- Glazed Miso Salmon

**Tickets \$110 Per Person Adults Only Event**  
Register and pay by April 3<sup>rd</sup> with cash/check at  
Parish Office/Gift Shop or with credit card at  
**SaintJames.Church or tinyurl.com/2nj8ffjk**

Questions: Joanne: 310.528.6339  
Ely 310.944.3355 Robin 310.408.9690



WELCOME

Maybe you grew up Catholic.  
Maybe you think of yourself as Catholic.  
Maybe you haven't been to church in a while.  
Or you are worried that you  
won't be welcomed here.  
And maybe it feels awkward and scary  
to take that first step.

Questions. Doubts. Yearning.  
But not sure for what.  
We get it.  
We've been there.  
Now we are here.  
Maybe God is calling you, too.  
Just as you are.  
Welcome home.

## Catholic Estate Planning Seminar

Dear Friends and Families of St. James,

God has given us a multitude of ways to be responsible stewards of our time, talent and treasure. One of these ways is through proper estate planning. Making an estate plan is a way for all of us to fulfill our obligation to be good stewards of the many blessings that God has put in our lives.

Life without a Will or Trust is difficult. Probate is costly and can take years to be resolved. It is much better to address these plans when the waters are calm and your life is on a relatively even keel.

With that in mind, I invite you to attend the **Catholic Estate Planning Seminar we will be hosting in Kavanagh Hall on Wednesday, February 28<sup>th</sup>**. There will be 2 sessions, one **at 1pm** and another **at 7pm**. Our guest speakers will be representatives from the Planned Giving Office of the Archdiocese of Los Angeles and an attorney and financial advisor.

If you already have a plan in place or you need to update a current plan, or would like to learn more about how you can leave a legacy of faith to future generations, you will benefit from this educational seminar. It is a free seminar and no solicitations will be made.

**A RSVP is required** to reserve a seat, so please call the Parish Office at **310.372.5228** or email **office@stjamesparish.org** Refreshments will be served. I look forward to seeing you at the seminar. Blessings!

*Msgr. Mike*

## Catholic Daughters Lenten Retreat with Msgr. Tim Nichols

*"On the Road with Jesus and Mary"*

**Saturday, February 17<sup>th</sup>**

8am Mass at Saint James Church  
8:45am to 9:15am Continental Breakfast  
9:15– noon pm Retreat in Kavanagh Hall,



Please RSVP by February 12<sup>th</sup> to Mary Costello  
**310.316.0768 mmcostello1@verizon.net**

**There is no charge for the retreat.  
Donations gratefully accepted.**



## Men's Cornerstone Retreat

**Friday/Saturday, Feb. 23-24, 2024**  
Saint Lawrence Martyr Parish Hall

**"Building the Kingdom of God"**



Join other men in our community on this 26-hour retreat as we build fellowship to enrich our lives. This retreat is a blessing you will keep forever. [tinyurl.com/2huhtfrm](https://tinyurl.com/2huhtfrm)  
Questions? Call **Alex: 310.406.9545**

## Women's Cornerstone Retreat

**Friday, March 1<sup>st</sup>, starting at 6 pm and Saturday,  
March 2<sup>nd</sup>, starting at 8 am**

This is a weekend retreat. It will not be an overnight this year as in the past. But the experience will be just as meaningful. Our theme this year is **"Beloved, you are home"**. Make this part of your Lenten journey. Feel free to recommend this life-changing experience to your friends, family, and acquaintances who might benefit from it. (please don't wait too late to sign up; earlier the better to help us make this a special experience just for you)  
Call or text:

**Elena Aquino 310.227.6512**

**Tricia Salazar 310.408.9958**

**Register: SaintJames.Church/CFW**



## Lenten day of Recollection with Bishop Marc Trudeau

*Lord, open our hearts to your love*

**March 9<sup>th</sup> from 8-12 noon**

8 am -Mass 8:45 -Pancake Breakfast  
in Kavanagh Hall 9:30 -Presentation

**Please register and pay \$15 by March 5<sup>th</sup> using the  
QR Code or this link:**

**SaintJames.Church/RM**

For additional information contact:

**Ely Ronkowski 424.398.9987**

**Bob Hernandez 310.738.7163**

**Joanne Modic 310.528.6339**



**Confirmation Night**

 Year 2: Saturday, February 10<sup>th</sup>
**Youth Day**

 Thursday, February 15<sup>th</sup>

It was wonderful gathering with everyone last weekend at our school's Mardi Gras Festival! We ran into so many of our teens who volunteered at the game & food booths. Congrats to our school for yet another successful event!

This Thursday, February 15<sup>th</sup>, a group of 42 teens & chaperones will be attending **Youth Day at the Anaheim Convention Center**. Youth Day is an annual event hosted by the Archdiocese of Los Angeles where thousands of other teens throughout our city gather for worship, interactive workshops & liturgy. It's a wonderful way to kick off the upcoming season of Lent! Please pray for the teens of our city that will be attending.

If you have any questions on joining our team or any future youth ministry events, please feel free to contact us at the information provided below.

*Gretchen Nobleza*

Director of Confirmation & Youth Ministry

**Contact us:**

 Email: [saintjamesym@gmail.com](mailto:saintjamesym@gmail.com)

 Website: [www.saintjamesym.weebly.com](http://www.saintjamesym.weebly.com)

 Text: **424.265.8336**

 [saintjamesym.rb](https://www.facebook.com/saintjamesym.rb)
 [@saintjamesym](https://www.instagram.com/@saintjamesym)


**World Marriage Week is Feb. 7<sup>th</sup>-14<sup>th</sup>**

We will extend a blessing on all our married parishioners at each Mass on weekend of **Feb. 11<sup>th</sup>**.

**Religious Education**

Dear Friends and Families of Saint James,

Our next Children's Liturgy of the Word is this Sunday at the 10am Mass. We look forward to seeing our parish children there!

The Office of Religious Education is also preparing some unique opportunities for all of our parish families during Lent, which begins with **Ash Wednesday this week on February 14<sup>th</sup>**.

First, we have created a program called the **Lenten Family 40** to help your family celebrate the season of Lent. As a family, you are asked to complete at least 40 challenges together, from eating together at least four times a week to attending Stations of the Cross or our Lenten Family Day of Service. To participate, pick up a flyer in the vestibule of church or print a copy by going to the parish website. Details on the program and on how to register are on the flyer. Please note that registration is required before Ash Wednesday.

Second, we are hosting the parish's Stations of the Cross on Friday, February 23, at 7:30pm in the church. All parishioners are welcome to join us as our families and Catechists help lead the Stations.

Next, we will host a **Lenten Family Day of Service** open to all parish families on Saturday, March 2<sup>nd</sup>, from 12:30-2:30 in Kavanagh Hall. We will assist the parish Feed the Needy Program by donating needed items, cleaning, organizing supplies, and writing cards to go into the lunches for the needy.

We also will host **Holy Pause**, an opportunity for families to reset this Lent. All parish families are invited to stop by Kavanagh Hall anytime between 9am and Noon on Sunday, March 10<sup>th</sup>. Along with Coffee and Donuts, we will have experiential stations where you can pray, create a small craft project to take home, and complete a service opportunity at your own pace. We hope you will join us for a fun, hands-on, and meaningful event to help deepen your family's Lenten journey.

**Families in Religious Education, please remember that we are hosting the 4:15pm Mass on Ash Wednesday.** For families with children in Traditional Faith Formation, children should check in with their Catechist when they arrive; then, the children can sit with their class or with their families. For families in Family Faith Formation, we will have a check in sheet available near the choir.

Please mark your calendars for all these events, and remember, all parish families are welcome!

God Bless!

*Andrea Sullivan,*

Director of Religious Education

## Coffee and Donuts!

Join us in Kavanagh Hall for delicious coffee and sweet donuts **after the 8 and 10am Masses on Sunday** thanks to the **Music Ministry**.



**Blood Drive**  
**Sunday, Feb. 25<sup>th</sup>**  
**7:30am– 2pm**  
**Church parking lot**

**Sign-up:**

**1.800.red.cross—sponsor code: StJamesParish**

## Sunday Night Worship Aide



Please join our Sunday Night Youth band in worship during our 5:30pm Mass by scanning the QR code to our **virtual worship aide** where all are encouraged to worship with us during Mass. <https://linktr.ee/saintjames.sny>

## Thank you for your Continued Support of St. James!

Our parish ministries continue because so many people need our help. Recurring gifts helped sustain our parish in unprecedented times, and continue to be a vital source of support for ministries that are a lifeline to those in need in our community.

As Lent is rapidly approaching, this is our time to reflect on the incredible love and sacrifice our Savior made for us to open the gates of heaven. As we prepare to celebrate the resurrection of Jesus our savior, let us humbly accept this gift and remember those in need and served by our parish ministries.

Your eGiving donations allows our ministry to continue to provide gifts to the community and demonstrate in a tangible way, Christ's love for us.

### Enroll in Faith Direct's

**E-Giving** by calling toll free **1.866-507.8757** or visit <https://www.faithdirect.net>  
 Use the code **CA560**

Or

**Use Faith Direct's Text-to-Give number**

Simply text any dollar amount to **424.317.8878**

**Thank you for your generous support!**



## Five Niland Scholarships

The St. James Parish office has applications available for **scholarships** for seniors that will graduate from West Torrance, Redondo Union, or Bishop Montgomery High Schools and plan to attend a college or university in 2024.



Completed application packages should be submitted to the parish office no later than **Monday, April 12, 2024**.



## Free admission to the PGA Genesis Open Golf Invitational

Habitat for Humanity LA Catholic Coalition is selling concessions at the PGA Genesis Golf Invitational on **Feb. 15<sup>th</sup>-18<sup>th</sup>** at the Rivera Country Club in Pacific Palisades. This is an opportunity for you to help raise money for the Catholic Coalition's **goal of building a house for a needy family**. 10-12 volunteers ideally for an all day shift of roughly 9-5 each day, but some partial days 9-1 or 1-5 available. Come see the best golfers in the world and raise funding for a good cause at the same time. Click the link below to sign up and get instructions for free parking and admission

<https://tinyurl.com/t92hsht4>

<https://www.habitatla.org/catholic/>

## St. James Catholic Preschool TODDLER TIME!



Toddler Time is a parent-and-child program at St. James designed especially for your busy toddler (1 & 2-year old.) This program will stimulate your toddler's sense of exploration in a safe and friendly environment. You and your toddler will participate in developmentally appropriate art activities, music and movement, and meet other families all in one place. Our Toddler Time Teacher, Mrs. Flannery is excited to meet you!

**From 10am to 11:15 am on these dates:**

**Feb. 10<sup>th</sup> & 24<sup>th</sup>, Mar. 9<sup>th</sup> & 23<sup>rd</sup>,**

**Apr. 13<sup>th</sup> & 27<sup>th</sup>, May 18<sup>th</sup>, June 1<sup>st</sup> & 15<sup>th</sup>**

Registration Fee: \$150

(checks payable to St. James Catholic Preschool).

## Fashion Show, Luncheon and Raffle!

**Safari Jungle Theme**

**Presentation Sisters Learning Center**

**Sat., March 23<sup>rd</sup>, 11am**

San Miguel Parish Hall  
 2216 E. 108<sup>th</sup> St., LA, 90059  
**\$50 per person—prepaid by Mar. 2.**  
**Reservations: 323.383.8126**



## JANUARY MONTHLY COLLECTION

Faith Direct	Total
2024 - \$26,188	\$105,869
2023 - \$34,868	\$103,729

## Community and Putting Your Faith in Action

### Feed the Needy Ministry

We thank you for all your donations! We continue this year of providing meals on Mondays, Wednesdays, and Fridays. Because of your generosity, we have continued to feed our homeless community throughout the year.

Our work continues and we once again ask for your assistance to ensure that we maintain the items needed for our homeless community members. We always need the following items:

**hamburger buns**                      **cheese sticks**  
**fruit**                                      **(oranges, bananas & grapes)**  
**chips**                                      **granola bars**  
**lunch meat & cheese**              **8 oz. water and juices**

In addition to the food items we are in need of **toiletries and socks**. Due to the pandemic and limited storage space we are unable to accept used clothing.

Again we thank you in advance for your generosity in allowing us to keep our homeless community fed and healthy.

If you have any questions regarding our ministry I can be reached at **310.488.9480**.

*Linda Cabibbo*, Ministry Leader

### Cookies for the Homeless

If you like to bake delicious cookies, consider making an extra batch once a month for our homeless neighbors.

Contact **Sandy: 310.542.4851**

Thank you!



### Pilgrimage to Switzerland and Austria!



12 days - June 17<sup>th</sup> to 28<sup>th</sup> with Bishop Albert Bahhuth as Spiritual Director.

**Visit Vienna, Salsburg, Mariazell, Einsiedeln, Bern, Basel, Zurich.**

Includes: Round trip airfare, First class hotels, Daily breakfast and dinner, Air conditioned motorcoach transportation, English speaking tour guides, Sightseeing, All taxes \$4,959  
Call or text **Ely Ronkowski 424.398.9987**

### Human Trafficking Awareness

It is a good idea to set age-appropriate filters for your children on the internet. Trafficking predators' victims have an average age of 12-14 years old.

F.A.I.T.H Ministry of St. James and St. Lawrence Martyr

**Get Involved!**

Contact: **Rick Page CandRpage2@gmail.com**



### Do You Need Someone to Hear You?

**It's something we do well.**

If you feel it would be helpful to have a confidential space and caring listener as you are trying to work out a problem in your own mind, please consider a call to a Stephen Minister. We would be happy to act as a sounding board as you work out solutions. **Contact: Didi Egnatuk 310.540.0329**



### Join the Catholic Daughters of America

We donate generously to several charitable causes.

Members give their time, energy and support to help others in the service of Christ.

Our **monthly meetings held on the third Wednesday of each month at 7pm in Kavanagh Hall.**

**We are inviting all Catholic women** of all ages to join us as pray the holy Rosary before each meeting.

Contact: **Kristal Trapani-Landry**

Email: **Ktrapani.Landry.cda@gmail.com**

Email **courtourladyofvictory@gmail.com**



### Catholic Softball



season starts at the end of February. We're back! If you'd like to play softball and make new friends, please contact our commissioner: **Cindy Resong: ceb357@aol.com or call 562.216.0187**

We welcome all ages and abilities. Join us for some fellowship and fun!



**www.sbcasl.com** or on Facebook at South Bay Catholic Adult Softball League (SBCASL).

### Invite Someone to Mass

The church is open daily for quiet prayer from 7am-7pm. **Daily Mass is at 8 am and 12 noon Monday-Friday** with the rosary prayed immediately afterward. **Saturday Mass is at 8am.** Help others attend Mass and receive the Eucharist; the true body and blood of Christ hidden in the form of a host.

### Mission Circle Newsletter from Taiwan is Here!

Contact **Chuck Fisher** at **310.540.2576** for a copy. It has information on the Sisters of Our Lady of China and their current activities in their mission of mercy working with the poor, elderly and native Taiwanese afflicted with Alzheimer's and other forms of dementia as they provide ongoing, extensive, personalized care. Also information about the health of Sister Mary Paul, the founding missionary—the "American nun in Taiwan"

## Interested in Becoming Catholic?

The Order of Christian Initiation (OCI), formerly the RCIA, is the process for adults who desire to join the Catholic faith. It is the process for an unbaptized person to be baptized into the church and for those baptized by another Christian denomination to enter into the Catholic Church. While coming to know Jesus and His invitation to become a disciple, the OCI process involves the journey of faith, formation and conversion. A person is introduced to the beliefs, life, liturgy, and apostolic work of the Catholic Church.

If you are interested in learning more or starting the OCI process in September, please contact:

**Ben Aranda at 310.427.5775** or email:  
**Ben\_Aranda@yahoo.com**

## Would You Like to Complete Your Sacraments?

Are you a baptized Catholic, but have not yet received the Sacrament of Confirmation? If so, contact us about becoming a candidate to complete your Sacraments of Initiation (*Baptism, Eucharist, Confirmation*). If you have not received your First Holy Communion, this class will prepare you to do that as well. Our Fall series of classes is scheduled to begin in early September, 2024.

To receive further information and details on this process, please contact Deacon Bob & Patty Miller at **dnbob99@gmail.com** or call us at **310.386.2930**. If you know of someone who may benefit from this process, please feel free to pass this information along to them.



## Medjugorje Rosary Prayer Group

**Join us!** We continue to pray the rosary in the midst of this difficult time.

We meet in **Kavanagh Hall every Monday at 7 pm.**

Experience inner peace.

**Dean Campazzie 310.372.5182**



## Invite Mother Mary to Your Home

The South Bay Rosary Cenacle is circulating the statue of Our Lady of Fatima every Saturday throughout the year. Invite Mother Mary into your home for one week and pray the Rosary and Chaplet of Divine Mercy with your family and friends.

Contact:

**Lydia Nelson 424.358.7197**

**Carmelita Silvino 310.975.4070**

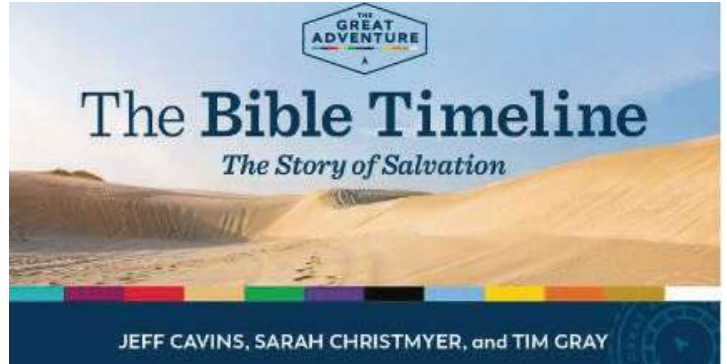
## The St. James Tuesday Night Online Bible Study is Tuesday at 7pm in Kavanagh Hall

The Story of Salvation

### Session Thirteen Divided Kingdom, Part 1

If you are not able to participate in person you can also join us using Zoom. Priests visit our study when their schedules permit.

Please contact Donna Wilson (**dwilson94@gmail.com**) if you are interested in joining our class.



**Come, share and participate in our Church Community.**



## Holy Hour Adoration

**February 9<sup>th</sup> at 7 pm**

**April 12<sup>th</sup> at 7 pm**

## Benediction and Adoration

**February 16<sup>th</sup>**

after the 8am Mass until 12 noon

*Adoration is the first attitude of man acknowledging that he is creature before his Creator.*

*It exalts the greatness of the Lord who made us and the almighty power of the Savior who sets us free from evil.*

*Adoration is the homage of the spirit to the King of Glory, respectful silence in the presence of the ever greater God. Adoration of the thrice-holy and sovereign God of love blends with humility and gives us assurance to our supplications.-CCC 2628*



It's normal to grieve a pregnancy loss, including the loss of a child by abortion.

It can form a hole in one's heart, a hole so deep that sometimes it seems nothing can fill the emptiness. You are not alone... **hopeafterabortion.com/**

## Topic: A Clean Heart. O God.

**Q:** Why is the Fourth Sunday of Lent called Laetare Sunday?

**A:** The Latin word, Laetare, (pronounced "lay-tah-re" means "rejoice." Catholic scholarship directs us to the Fourth Sunday Entrance Antiphon or Introit (entrance), with its opening hymn text:

*"Rejoice, O Jerusalem..."*

That Sunday is said to

"...express hope and joy in the midst of fasts and penances...giving us a glimpse of the joy to come at Easter."

In a bit of a faith parallel we recall that the third Sunday of Advent, Gaudete Sunday (pronounced in three syllables, gow-deh-tay), is somewhat similar in spirit to Laetare in its aspects of anticipatory faith.

James-Charles Noonan, Jr, writes in *The Church Visible*:

"Gaudete means expressed or **exuberant joy**. Laetare means **internal joy**, a joy of anticipation felt within the solemn session of Lent."

*The Catechism*, in Paragraph 1095, talks about Advent, Lent, and the Easter Vigil as times to re-read and re-live "the great events of salvation history."

*The Catechism* underscores that those events remain a living part of "the today" of the Church's liturgy; that the Church's liturgy not only reveals salvation, "it enables us to live it."

Latin translations and pronunciations aside, it is instructive and clarifying to remember Pope St. John Paul II:

"Lent...detaches us from our selfishness...meanness, and pride. Lent is a time to put life back in its proper place and remember two things about ourselves:

*we came from God,  
and we are journeying back to Him..."*

Pope Benedict XVI wrote:

"...the Lenten Season offers us once again an opportunity to reflect upon the very heart of Christian life: *charity...walking together in holiness.*"

Lent.

The living liturgy and journey of salvation.  
Life in its proper place.

## Bingo! Bingo! Bingo!

**Thursday** night in Kavanagh Hall! **Doors open at 6pm. Early bird game at 7pm.**  
Play all night for \$15 One pack covers all games St. James School receives the profits.  
Questions? Contact: Parish Office **310.372.5228**

Recently I had a skin rash, and it was awful.

(Please don't tell anyone.) I am embarrassed to admit that I didn't handle it well. Complaining, whining, begging for sympathy, and crying were my responses to the merciless itching and burning. In the aftermath, a silver lining emerged. I feel a new heartfelt sympathy for all those vexed with chronic skin problems. If you've ever had a seemingly unending skin problem, you know how that sympathy flows up from deep inside.

This gut-level compassion is something like what the Gospel describes in Jesus when the sore-covered leper says, **"if you will it, you can make me clean."** At this, just before the healing, Jesus was **"moved with compassion."**

The Greek word used here is strong and earthy, closer to

"his bowels and guts trembled with the deepest emotions of sadness, pity, and love."

In Jesus, God heals our infirmities not from a divine distance but by learning what it *feels like* to be us. He acquires first-hand experience of what it costs us to be afflicted and still be faithful to God. He sympathizes with the burning, itching, and blistering of human existence in the deepest, first-hand way. To discover that is to touch Jesus' heart.

What in your life, right now, is breaking out like diseased skin? What is getting worse the more you try to soothe it? Perhaps only you feel it. Or maybe it's exposed to all. A bad habit, broken relationship, loneliness, fear of failure, self-hatred? Name it, and then find a way to bring it confidently to Jesus who will *feel what we are feeling*, and thereby heal us.

### A Lenten Family Reflection

#### Holy Pause



**Sunday, March 10<sup>th</sup>**  
**9 - 12 Noon**  
**Kavanagh Hall**  
St. James  
Office of Religious  
Education

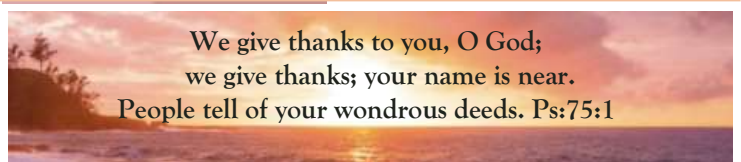
This Event Includes:

+A path of creative prayer stations created for families to lift up their own needs and the needs of others

+A make and take prayer bowl project

+A small service opportunity

**RSVP by March 5<sup>th</sup>:**  
**to religioused**  
**@stjamesparish.org**



We give thanks to you, O God;  
we give thanks; your name is near.  
People tell of your wondrous deeds. Ps:75:1



## Readings

Monday

**Be kind to me, Lord, and I shall live.**  
Jas 1:1-11 / Mk 8:11-13

Tuesday

**Blessed the man you instruct, O Lord.**  
Jas 1:12-18 / Mk 8:14-21

**Ash Wednesday**

**Be merciful, O Lord, for we have sinned.**  
Jl 2:12-18 / 2 Cor 5:20-6:2 / Mt 6:1-6, 16-18

Thursday

**Blessed are they who hope in the Lord.**  
Dt 30:15-20 / Lk 9:22-25

Friday

**A heart contrite and humbled,  
O God, you will not spurn.**  
Is 58:1-9a / Mt 9:14-15

Saturday

**Teach me your way, O Lord,  
that I may walk in your truth.**  
Is 58:9b-14 / Lk 5:27-32

Sunday

**Your ways, O Lord, are love and truth to those who  
keep your covenant.**  
Gn 9:8-15 / 1 Pt 3:18-22 / Mk 1:12-15

## Prayer Requests

For those suffering illness, infirmity  
and those in need of our prayers:

**Tammy Dawson, Nancy Cebra, Cameron Noble,  
Cat Milligan, Louise Witos, Pauline Vaughn,  
Jim Napora, Mike Cutuli, Krissy Carlos**

For the souls of the recently departed, that through the  
mercy of God, May they rest in peace:

**Mary Ann O'Dell, Lily Chua Lee, Dianne Hayes,  
Francisco Cruz Lujan, Duane Kustic, Robin Lacroix,  
Armando Silva, Jr. Dolores Mata**

## Sacramental Confession

No sin is new to him.  
No wrongdoing too great.  
Come to Confession and  
experience mercy and joy.  
Confession is available  
Saturday from 4-5 pm in Church or  
by calling the office for an  
appointment.



## Gift Shop Hours:

Tuesday–Friday 11am - 3pm  
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## Weekly Mass Intentions

<b>Sat.</b> 8 am 5:30 pm	<b>February 10</b> Msgr. Mike Fr. Chibuike	Orlando Solano † Erlinda Pascual † Conklin Family
<b>Sun.</b> 6:30 am  8 am  10 am  12 noon  5:30 pm	<b>February 11</b> Msgr. Mike  Fr. Chibuike  Msgr. Mike  Fr. Jim  Msgr. Mike	John Nowalk † Anthony Francis Menezes † Aquaviva Martins † Patsy Martins † Children of St. James School Wyokoe Family David Michael Fackelman † Michael Leong † Rick Kustic Carolyn Mitchell
<b>Mon.</b> 8 am 12 noon	<b>February 12</b> Msgr. Mike Msgr. Mike	Jan Nguyen Peter Serrato †
<b>Tues.</b> 8 am 12 noon	<b>February 13</b> Msgr. Mike Msgr. Mike	Sally Gutierrez Cat Milligan
<b>Wed.</b> 8 am 12 noon 4:15 pm 7:00 pm	<b>February 14</b> Fr. Chibuike Msgr. Mike Fr. Jim Fr. Thaddeus	<b>Ash Wednesday</b> John Dempsey Louise Witos Krissy Carlos Emilio Guevarra †
<b>Thurs.</b> 8 am 12 noon	<b>February 15</b> Fr. Jim Fr. Thaddeus	Margie Hayes Robin Lacroix †
<b>Fri.</b> 8 am 12 noon	<b>February 16</b> Fr. Thaddeus Msgr. Mike	Lilia Seno † Gary Seno
<b>Sat.</b> 8 am 5:30 pm	<b>February 17</b> Msgr. Tim Nichols Fr. Thaddeus	Joan O'Connell † Mike Cutuli Dianne Hayes †
<b>Sunday</b> 6:30 am  8 am  10 am  12 noon  5:30 pm	<b>February 18</b> Msgr. Mike  Fr. Thaddeus  Fr. Jim  Fr. Chibuike  Fr. Thaddeus	Lorraine Hawley † Loretta Palmer † Vincent Chavarria † Love Anaya Cecilia Yabes Don Hoy † Christian Joshua Angeles Duane Kustic † Roxie Summers † Laura Aranda †

For prayer requests or to request a Mass intention,  
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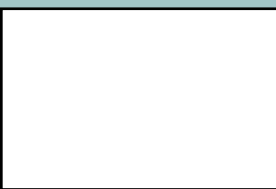


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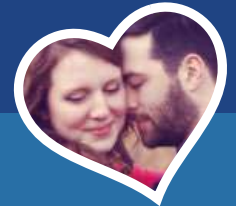
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[FrMike@saintJames.Church](mailto:FrMike@saintJames.Church)



Fr. Thaddeus Agbasonu, SMMM  
Associate Pastor  
[FrThaddeus@stjamesparish.org](mailto:FrThaddeus@stjamesparish.org)



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Pastor Emeritus  
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## Helping Children Grow in Faith

“Train the young in the way  
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even when old,  
They will not swerve  
from it.”  
Proverbs 22:6



Danina Uy  
Principal, Saint James School  
[Office@SJSCatholicSchool.org](mailto:Office@SJSCatholicSchool.org)  
310.371.0416

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Gretchen Nobleza  
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“Lord, cleanse  
me of my guilt”



Holy Hour  
2<sup>nd</sup> and 4<sup>th</sup>  
Friday of the Month  
7—8 pm in Church

Benediction and  
Adoration  
3<sup>rd</sup> Friday of the Month  
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Bible Study  
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Donna Wilson  
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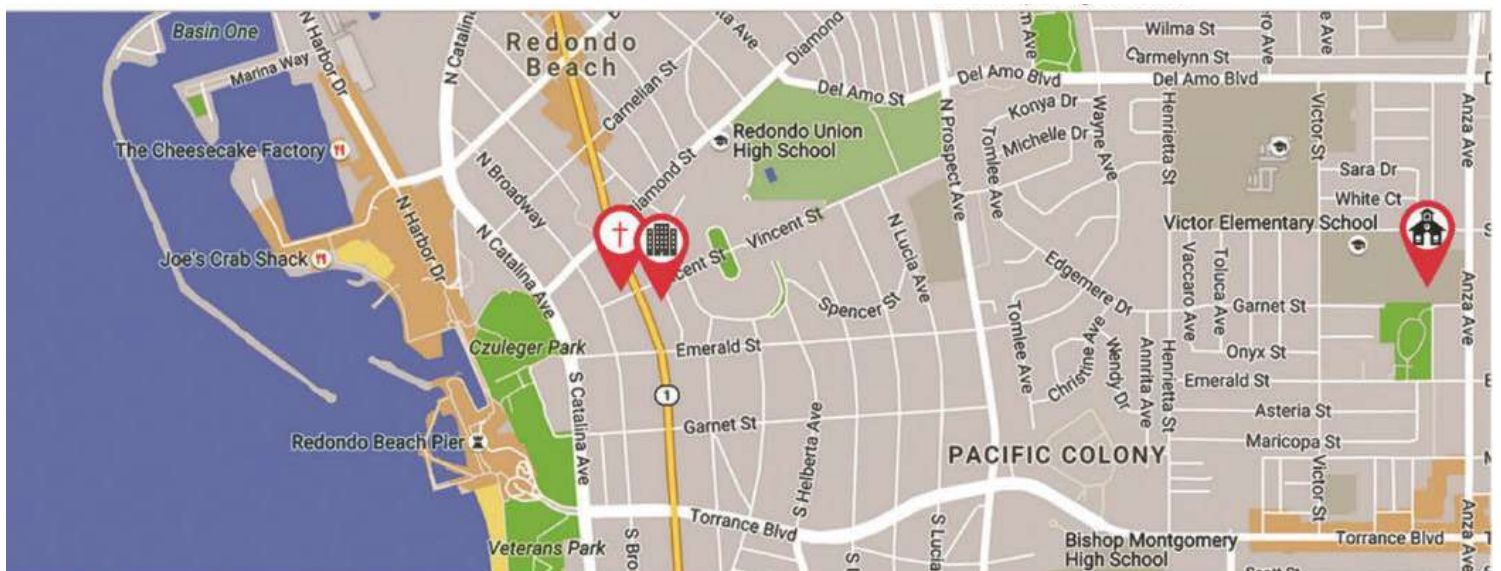
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