## **Lenten Family 40:**

Register for the Lenten Family 40 by February 13th by e-mailing religioused@stjamesparish.org. Fill out the attached form to track your family's Lenten journey. Color the circles green for completed tasks. Color the circles red if you are not able to complete the task. E-mail an image of the completed form with at least 40 green circles to religioused@stjamesparish.org after Easter but no later than April 14th and receive a beautiful crucifix.

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Have family dinner 4 times a week	(2/18 - 2/24)	(2/25 to 3/2)	(3/3 to 3/9)	(3/10 to 3/16)	(3/17 to 3/23)	(3/24 to 3/30)
Trave family difficilly difficult week	Ö	Ö	Ö	Ö	Ö	Ö
	0	0	0	0	0	0
	0	0	0	0	0	0
Attend Mass 2 times a week (Sunday & 1 daily)	0	0	0	0	0	0
	0	0	0	0	0	0
Abstain from electronics 2 days a week	0	0	0	0	0	0
	0	0	0	0	0	0
Fast from meat on Fridays	0	0	0	0	0	0
Attend Stations of the Cross at St. James Church	0	0	0	0	0	0
				Other Items		
Attend a service on Ash Wednesday on 2/14 and receive ashes				0		
Attend Holy Pause on March 10th between 9am -12Noon @ Kavanagh Hall				0		
Attend the Lent Family Day of Service on March 2nd from 12:30 - 2:30pm @Kavanagh Hall						
Go to reconciliation as a family						
Attend Holy Thursday Mass on 3/28						
Attend the Good Friday liturgy service on 3/29						